



# MANAGEMENT CONFERENCE

PHOENIX  
RENAISSANCE DOWNTOWN HOTEL

After 3 years between Management Conferences, we gathered a small committee to plan the 2022 version. The committee was asked a simple question: "What would make this Management Conference one you just **have** to attend?"

The comments at first were expected: smaller groups, networking, higher-level programming, etc. But then, the discussion changed to ...

"We do not need more sessions on how to run our fair; we have **massive burnout**."

"How do we help our staff move beyond this when we are so **depleted** ourselves?"

"Leadership & **Surviving**"

"It is hard to be a good leader when you are **dying** inside."

"A reminder of **why** we do what we do."

"Finding the **passion** within yourself."

"How do we get **back on track**?"

"How do we **rekindle** our own fire?"

# Draft Program – Focused on Wellness and Leadership

## April 6, Wednesday

8:00 am – 12:00 pm

IAFE Board of Directors Meeting

1:00 pm – 2:00 pm

Keynote Speaker: Amy Vetter

*Business, Balance & Bliss: How the B<sup>3</sup> Method Can Transform Your Career and Life*

Do you find that your work and daily life can become mechanical or routine? In this session you will uncover how to either rekindle or discover the spark you desire in your career and life. Drawn from Amy's work-life lessons as a CPA, Yogi, and Tech Business Executive and based on her book, *Business, Balance & Bliss: How the B<sup>3</sup> Method Can Transform Your Career and Life*, you will learn valuable insights and tips, backed by scientific research, on how to align your authentic self with the work you do. Expect to come away with the tools and inspiration to: create your own sense of work-life harmony, uncover your inner talents and passions, learn to be more present and productive at work and home, and gain an understanding of how to develop the technology practices (and boundaries) to put in place to lead a more mindful, connected, and fulfilled life.

2:30 pm – 3:30 pm

Program

Leave for the Maricopa County Fair by 4:00 pm

## April 7, Thursday

8:00 am – 9:30 am

Breakfast & Meditation/Yoga with Amy Vetter

10:00 am – 12:00 pm

Speaker

12:30 pm – 1:30 pm

Lunch and Committee Meetings

2:00 pm – 5:00 pm

Speaker

5:00 pm – 6:30 pm

Reception including presentation of CFE's

Dinner with Friends

### **April 8, Friday**

8:00 am – 9:00 am	Breakfast & Activity
9:30 am – 11:00 am	Speaker or Breakouts
11:00 am – 12:00 pm	2022 Convention Program Committee Meeting

- 1) Additional programming to include:**
  - a. Nutritional Wellness (e.g., incorporating hotel chef)**
  - b. Mindfulness/Meditation**
  - c. Yourself as a Leader**
  
- 2) Researching activity options to build into the program, including:**
  - a. Walking/Running downtown tour**
  - b. Biking**
  - c. Hiking**
  - d. Yoga on the Skyline Terrace (outdoor space at the hotel)**

**This Management Conference will be very different but will be focused on what our managers are needing right now.**